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ANNUAL REPORT – 17th July 2023 to 16th July 2024

Namaste!

Dearest friends, kind supporters, volunteers, donors and everyone directly or indirectly involved with Clinic Nepal. We would like to extend our appreciation and gratitude to you as we come to the end of yet another successful year of Clinic Nepal. With great pleasure we present to you our twenty-seventh annual report: 2023-2024. Here you will find the details of the projects that your generosity has helped make into a reality. Our expectations regarding the future of our projects are optimistic, and with your generous support we can fulfill these ambitions, bringing positive changes to Chitwan, Nawalparasi and other Nepali communities. We encourage you to provide us with any valuable suggestions, comments, or opinions via our contact information listed above. Warm regards from the entire Clinic Nepal Family.

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1. Number of Patients Treated:

The past year was indicative of the wonderful positive changes that Clinic Nepal has had on the community. During 2023-2024 a total of 5,261 (female 2,906 and male 2,355) patients were treated, and 1,718 laboratory tests for 750 female and 968 male patients. The total number of patients treated is slightly increased compared to the figures from previous years: 4,450 during 2019-20, 4,455 during 2020-2021 and 4,162 during 2022-23. As the standard of living and health awareness improved, there was a slow reduction in patients during 2019-2023. The following year saw an increase in patients, which may have been related to the introduction of health care specialists which the community did not have access to before. A small increase in the number of patients followed in 2020-2021. The current political situation and the March 2020 COVID-19 pandemic continue to be challenges for the country as well as the Clinic. Doctors and patients are less able to connect due to the lockdown and fear of contagion decreased medical contact post-lockdown. The same phenomenon can be observed looking at 2021-2022. The increase might also be related to the Social Health Security plan launched by the government in 2015 which has successfully increased the number of people who have access to health care.

In past decades, Nepal made notable progress in improving the overall health status of the population. However, overall progress in health outcomes masks the significant equity gap that continues to persist. Many citizens still face overall barriers in accessing quality healthcare services, among them financial, socio-cultural, geographical, and institutional. To protect people from catastrophic health care spending, and thereby preventing people from falling into a poverty trap, the government rolled out the Social Health Security program in February 2015. This plan increases citizen financial protection by promoting pre-payment and risk pooling in the health sector. Before this current social health insurance plan, different plans were implemented in Nepal, but none of them succeeded. On the basis of evidence from the previous insurance programs, social health insurance is now implemented with the aim of universal coverage and with the plan for subsidizing premiums for poor groups who are not able to pay for the insurance package. However, universal coverage remains a challenge given the present poverty level, awareness regarding need, and the actual functional modality of health insurance among the general population. Beginning with FY 2022-23, Nepal's government health insurance policy enrolled about 7,215,098 people by July, 2023. In the fiscal year 2022/23, 12 new service providers were enlisted in the program and by the end of the year there were a total of 463 service providers. Among them, 378 were public, 52 were private, and 33 were community hospitals.

In Meghauli, Chitwan development projects such as the Safe Drinking Water and Sanitation Project continue to help to enhance the level of community health. Advancements made in basic health understanding are also yielding great short and long-term positive effects in public healthcare. Health awareness campaigns provided by Clinic Nepal staff as well as government programs incentivized by our organization have greatly improved the knowledge of hygiene, first aid, and health issues. Moreover, fewer women in the community are now needing pre-natal care at Clinic Nepal since the government has developed a women's health center in the area that provides monetary incentives for participation.

There has been a notable shift in the type of diseases being treated by the Clinic. Hygienic problems were the major reasons behind the frequent visits during the early years of Clinic Nepal. However, as the level of public awareness and knowledge of these issues has been raised, the focus has changed to diseases such as cancer, diabetes, and hypertension. The top10 leading causes of death in Nepal are chronic obstructive pulmonary disease, ischemic heart disease, stroke, lower respiratory infections, diarrheal diseases, self-harm, tuberculosis, diabetes mellitus, road injury, and pre-term birth complications, according to the World Health Organization.

We were able to raise funds to buy an ultrasound machine (U.S.G.) which was installed in December 2018. Our main goal was to provide additional diagnostic capabilities, and subsequent treatment as well as to help women's general health and pregnancy care. Every Wednesday the gynecology and radiology services are carried out at a reasonable price. We are proud to help individuals and families to attain and enjoy good health, and this was aided by the new ultrasound machine at the Clinic Nepal. Unfortunately, the ultrasound machine is currently not in service and we are in need of replacement parts which have been estimated to cost as much as a new machine. This means that locals needing the ultrasound service have to travel to the nearest medical center. This is over an hour away and getting there is no easy task. This journey and access to ultrasound is also more expensive. This is disappointing as we know how life changing this machine can be for the people in the surrounding area.

The success of the X-ray machine acquired during 2013-2014 has been overwhelming. The total number of patients over the year was 506 (female 225 and male 281), 12 of these patients received this service free of cost and rest paid only half of the price of government hospital rate. This type of investigation was not available at the clinic before, and it has further established our orthopedic care at the clinic. Unfortunately, recently, there was an interruption in X-ray services at our Clinic; this disruption was caused by the lightning strike that affected our equipment and facilities. We are seeking means to correct the electrical infrastructure problems that have caused the issues with X-ray and reinstate this service...a service that helps achieve the goal of providing better care for our patients every year.

In addition to the total number of patients treated in the clinic (5,261), a large number of people were provided with healthcare through in-home visits (outreach clinics). In total, 71 patients have been treated at home (45 female, 26 male). Clinic Nepal has been continuing physiotherapy time to time while there is volunteer physiotherapist and wound dressing to the community who are not able to visit us.

2. Health Insurance

Clinic Nepal has initiated a community-based Nepalese government insurance policy pilot project aimed at addressing significant health challenges in Meghauli, Sisaughari, Sukumbasi toll Sudhar area. This initiative targets prevalent health issues such as cancer, tuberculosis, hypertension, diabetes and others. This project encompasses 85 households and offers a comprehensive insurance program that includes free coverage for treatment, medications, check-ups, and counselling services.

3. Specific Financial Assistance for Treatments

Clinic Nepal, since its inception 27 years ago, has been able to offer healthcare to people unable to afford specialized care. This is in cooperation with other medical facilities for the efficient and proper referral and follow-up communication with specialists. It provides subsidized care to patients under the poverty line who have accidents or emergency medical needs with further assistance to help cover the costs incurred during transportation to other medical facilities for advanced interventions.

In our ongoing efforts to support our community, this year we supported 11-year-old Samiksha Mahato, who underwent successful open- heart surgery in Kathmandu. She is recovering well but needs to conduct regular follow up to monitor her health progress. Additionally, we remained committed to supporting her education. Further, Clinic Nepal supported Mrs. Sharmila Aryal, for her surgery related to uterine cancer.

4. Emergency Aid

Our emergency aid service is ready to deliver valuable aid (medical care, food, clothes) quickly in the event of any crisis or natural disaster such as earthquakes, floods, or landslides.

This year there was not received any proposal for the support.

5. The Clinic's Antenatal, Health Awareness, and Medical Services Door-to-Door Project.

The government implemented a birthing center in Meghauri in 2012 as a part of the Health Post, employing midwives and health practitioners to provide health services to expecting mothers. This allowed Clinic Nepal to focus on other areas of need. Nevertheless, we continue to offer consultations and advice to pregnant women. As an example, we are proud to be able to provide free pregnancy tests for any woman who needs it. Furthermore, the clinic's gynecologist continues to have a weekly time slot, delivering OB/GYN specialist care. This is supported by a radiologist for ultrasound exams. Though the government clinic relieves some of the pressure on Clinic Nepal, we still offer treatment to women and children in need of medical care.

Great improvements in personal and community health can be seen. This has been the result of our continued health awareness program that improved and continues to improve villager's awareness of personal hygiene, thereby reducing communicable diseases and illnesses related to poor knowledge of general health care.

Not everyone who needs medical assistance is able to come to the clinic, for example patients in need of palliative care. Our "door-to-door" home visitation service offers medical care to those who would otherwise not receive medical assistance. This includes applying dressings, stroke rehab, pressure areas/sores treatment, delivering medicines and physiotherapy services. As noted earlier, this year 71 seventy-one patients (45 female, 26 male) were able to be treated in their homes.

6. Psychological Counseling Project

Since 2012/2013 the government has been providing psychological counseling services in its health posts. The need for psychological counseling is acknowledged by Clinic Nepal. To address the problems of mental health we have now collaborated with a Psychiatric and Mental Health Consultant. We are also introducing Psychiatric Consultant services in Clinic at least once a month in (every first weeks Tuesday). Patients in further need are referred to Bharatpur hospital for different treatment options.

7. Support and Improvement of Government Health Post (primary health care facility)

Medical Lab Supplies and Equipment Hand Over to Ratna Nagar Municipality Blood Bank: On October 13, 2023, a significant enhancement in medical services was marked by the joint efforts of Ratna Nagar Municipality and Clinic Nepal. The handover ceremony took place, during which critical medical and laboratory equipment were transferred to the Ratna Nagar Blood Bank.

The donated equipment included:

- 1 Centrifuge Machine
- 1 Olympus Microscope
- 1 Hematology Analyzer
- 1 Digital Incubator

These state-of-the-art tools are set to bolster the capabilities of the Ratna Nagar Blood Bank, especially focusing on the east-west highway corridor where accidents are frequent. The new equipment will significantly enhance the blood bank's ability to provide timely and efficient blood services during emergencies, thereby improving overall healthcare response to the region. This initiative underscores a vital commitment to upgrading medical infrastructure and ensuring that lifesaving resources are readily available in critical situations.

8. Pickup Truck:

At the end of February 2020, we dismantled the ambulance since it was no longer in working condition. The ambulance had been purchased import tax exempted. Therefore, as per Nepalese law, we had to submit the engine of the ambulance to the Vehicle and Transportation Management Department of the Nepal Government and cancel the vehicle's registration.

Vida Utiell of Barcelona Spain raised and donated funds that allowed Clinic Nepal to buy a pickup truck for the transportation of medicines for the Mobile Medical Health Camps, emergency patient transport to hospitals, and to support the general activities of Clinic Nepal.

9. Sponsored children

Clinic Nepal is pleased to report that during the academic year 2023/24 Clinic Nepal sponsored a total of 99 students/children from under-privileged families, some of whom are orphans. They were fully funded by the Clinic's program. 34 of these children reside in Aashako Kiran Hostel in

Daldale, while the remaining live mostly in Megghauli, Bharatpur, and Kathmandu. The children who receive full scholarships go to Daldale while the ones who only receive school fees stay with their parents. Their expressed aspirations are to become doctors, pilots, nurses, teachers, policemen, and soldiers.

Students Sponsored by Clinic Nepal 2023/2024		
S. N	Name of School & Place	Number of Student
1	Aasha Ko Kiran Hostel Daldale	34
2	Pragya Academy, Megghauli	12
3	Shree Janaki Secondary School (Science, Management) (21 Science/ 7 Management)	28
4	Bharatpur, Daldale, Kathmandu, (primary and higher studies.)	19
5	Vocational and higher studies in different cities	2
6	Higher Education in Germany	4
	Total	99

10. Aasha ko Kiran Children's Hostel

Aasha ko Kiran Children's Hostel in Daldale was founded in 2002, starting with just 7 children in one small room. It is now a happy home to 34 youngsters, ranging from ages 5 to 16. In this group there are 18 boys and 16 girls. This year one student has successfully passed their SEE exams and two students have finished and received diplomas from civil school. Some of these children are orphans or from broken homes, but the majority were originally from Megghauli with many of them from the very poor area surrounding the clinic. All are coming from families who simply cannot afford to provide their children with an acceptable standard of living or education. The crucial funding comes from donors. The home was set up and is running free of charge on the land and in the house belonging to Hari's sister Bhagwati and her husband Bishnu on the same site as Aasha ko Kiran Kindergarten. Our decision to run the hostel from this site was made because the cost of renting a property in Megghauli was unsustainable.

Bhagwati is responsible for running the children's hostel and the children thrive, due to our relentless support. The children are offered accommodation and all meals in a caring home-style setting. Every child is in full-time education in kindergarten, public school, or private school depending on their age, thanks to the individual sponsors. Time not spent in school is used by the children to study. This is aided by additional donations such as a laptop (with internet access), stationery, and books. In order to increase the quality of this facility, we always have a need for clothes, play items, and educational materials. An on-site farm provides the home as well as the kindergarten with food, milk and bio-gas. On September 2022, kitchen and dining house was destroyed from fire at night due to the electricity short circuit. Luckily there was no human casualties.

Over the years, the hostel now consists of ten fully-furnished bedrooms and three bathrooms. Facilities also include volunteer guest bedrooms and a library/computer room. In 2011, thanks to fundraising, we were able to contribute more furniture to the children's hostel, as well as renovate all of the bathrooms.

All of this creates a great space to live and learn, and helps the children to develop positive personal attributes for a lifetime of success. For example, they learn how to cook, garden, and do other tasks related to daily life. We are continuously granting access to all levels of education for every child in the hostel. We firmly believe that with the support from our donors we can achieve this goal for many more years, opening new opportunities for the children.

Those students who were sponsored by Clinic Nepal, from the primary level recently the SEE and +2 result has been published, 1 boy need to attend re exam of SEE (grade 10). Additionally, 7 students did complete their +2 (grade 12). Clinic Nepal will support their further studies based on their interests and what subject they are choosing. However, these accomplishments raise another need: as the children are motivated to attend further education, funds are required to ensure that these needs can be met.

11. Vocational and Skill Development Training

Sponsoring young people from the Meghauri area for higher education and for vocational and skill development training forms an integral part of the Clinic's endeavors. This aims to support long-term improvement in the economic status of local youths.

This year, two students are being sponsored for higher education. Of these two students are studying Computer Science as an IT in 4th semester of four years course, they were sponsored in comparatively once or even semester wise. Although we are focused on improving our communities' health sectors, supporting higher education studies remains one of the major interests of Clinic Nepal as a means of providing longer term economic opportunities for Chitwan and its neighboring districts and its people.

12. Kindergarten Projects

The establishment of our kindergartens began in 2001. The inspiration for this initiative came from Hari Bhandary, who began searching for more opportunities to build on the success of the clinic. He saw that the methods of education and care for young children in Nepal differed greatly from those which he had seen in developed countries. After gaining experiences in many kindergartens abroad, he recognized that their holistic, comprehensive approach to education would be a valuable addition to his community in Chitwan. Therefore, he founded the first kindergarten facility in Sukranagar, Chitwan, and began the long process of changing the views and practices of teachers, parents and children. The teachers are trained in the Montessori methods of teaching as well as local methods. Clinic Nepal manages and funds three kindergartens in Nepal for children, (in the beginning ages 3-6, now ages 2-6 years). Families are encouraged to provide ingredients for the daily hot meal that is given to all children in the kindergartens.

i. Aasha Ko Kiran Kindergarten, Daldale, Nawalparasi

During the past year 76 children (36 girls and 40 boys) were taught by 5 child care providers at the kindergarten. Twenty-five children are in the nursery class (8 girls and 17 boys), 23 are in the lower kindergarten class (13 girls and 10 boys), and 28 children are in the upper kindergarten class (15 girls and 13 boys). The child care providers received training in Montessori methods, enabling this kindergarten to provide both Nepali and Montessori styles of teaching and learning.

Living standards and the income of villagers in Daldale are improving. In discussions about how to sustain the kindergarten for the long term with parents and kindergarten staff it was decided to raise the school fee. In addition, the parents and staff felt that a school van was needed. Bhagwati bought a school van with her own money and they charge a reasonable transportation fee for the students. As the Aasha ko Kiran Kindergarten now has its own source of income from that they bear staffs salary as well as partly running cost and Clinic Nepal directly paid staff social security funds in the social security fund, and some running costs for the kindergarten.

ii. Wolfgang Linke Kindergarten.

This past year, the school welcomed 75 children: 31 girls and 44 boys. Of these, 29 children completed kindergarten and continued on to government or private boarding schools. Currently, there are 11 new girls and 11 new boys in the playgroup. The nursery class has 10 girls and 7 boys, while the lower kindergarten has 6 girls and 4 boys.

The children are enjoying the new play materials, including slides and swings, in their designated play area. We are grateful to everyone who has supported these initiatives and are thrilled to see the children enjoying their time.

The Wolfgang Linke building at Aashaban Farm in Dharampur, Meghauli, has been enhanced with a new compound wall, gate, and a fantastic playground. Mosaic tiles now cover the floor, creating a perfect playing area. The kindergarten also provides space for the local Scout group to meet every Saturday.

All kindergartens follow a similar educational approach, including lessons in daily living and health and hygiene promotion in both Nepali and English. The Montessori program is taught by international volunteer professionals. Each day, a hot meal is provided to every child. Parents are encouraged to supply ingredients for their child's meal to foster family involvement. This is a new initiative and is still being developed. We also hold monthly meetings with the children's parents to discuss the topics taught and create a unified understanding and supportive family environment.

Our goal is to help each child reach their full potential and improve their chances of further education, ultimately enhancing their long-term prospects for a healthy and productive life.

iii. Prabhat Bal Shikchhya Sadan Kindergarten, Sukranagar, Chitwan

Prabhat Bal Shikchhya Sadan was established in 2001. It has been continually funded and run by Clinic Nepal for 17 years. Every year 40 to 60 children have received positive care and good schooling, the kindergarten was added to Shree Parbhat secondary School in 2019 as we promised to care for the community for 5 years, however it took 17 years.

13. Scouts

The Scouts form an important group in the village community. They serve as a social and educational institution and provide environmental, hygienic, and social assistance to the area. Clinic Nepal operates two Scout Groups, one in the Meghauli area and one in the Aasha ko Kiran

Hostel, Daldale. The Friendship Scout troop Daldale at the Aasha ko Kiran Hostel was established in 2015 and friendship scout Megghauli was established in 2005. At present on most of our children are younger age so this year we did not format group.

Scout meetings occur for two hours every Saturday morning at the Wolfgang Linke Kindergarten in Dharampur, Megghauli. They are run by Mr. Utshav Shrestha and Mr. Abishek K.C as employ a part-time Scout leader. We are very happy that our first scout boysm running a troop as a scouter.

There are 37 scouts, 20 girls and 17 boys aged 11 to 15 years are divided in three groups of girls (Crow, Pigeon and Dove) and three groups of boys (Wolf, Tiger and Lion). The troop focuses on imparting key life lessons, fostering responsibility, and promoting positive attitudes through various activities. The program includes physical games, English lessons, painting, music, and arts and crafts, creating a fun and engaging learning environment that benefits both the scouts and the community. These activities help the scouts develop practical skills, improve their communication abilities, and express their creativity. The scouts not only learn valuable life skills but also contribute to the betterment of their community. The troop's activities foster a sense of responsibility, teamwork, and civic engagement among the scouts, empowering them to make positive changes in their surroundings. The troop's efforts are further enhanced by the generous contributions of volunteers from different countries who share their experiences and expertise with the scouts. These volunteers play a crucial role in shaping the scouts' personal growth and community engagement. This year we are focusing on Vocational skills development training for Scouts, basic household electrical and plumbing practical training as well as safety precautions to take care to their families and communities.

Activities carry out by scouts this year are:

1. Cabot Camp:

The Friendship Scout Troop organized the 4th Jungle Jamboree 2023 in Megghauli, Nepal, on 15th October 2023 to 20th October 2023 which was a vibrant celebration of scouting values that attract around 400 participants, including scouts and staff. The event featured 35 British scouts and 250 Nepali scouts from the different scout troop of Chitwan and Nawalparasi districts. The event was graced by the presence of Chief Guest Chitrasen Adhikari, Deputy Mayor of Bharatpur Metropolitan City and head of Bharatpur Scouts. His attendance, along with other distinguished guests, highlighted the significance of the event. The jamboree was structured for different durations: International scouts participated for 6 night- 7days program, while Nepali scouts engaged for 2-night, 3-day program.

Additionally, the event featured a wide range of engaging activities, including yoga sessions, dancing, singing, and other fun-filled experiences the event fostered fellowship, culture exchange, teamwork, leadership, and community service among scouts, reflecting the Friendship Scout Troop's dedication to providing enriching experiences.

2. Road Safety Survey program:

Friendship Scout Troop and Class 11 and 12 students from Shree Janaki Secondary School in Megghauli gathered at the campsite near Clinic Nepal for an Intro-Interaction program on "Road Safety Survey – A Young Person's Perspective." This initiative is part of a four-year research project by the University of the West of England (UWE) and Kathmandu Medical College, aimed at helping the Nepalese government improve road safety policies. During the program, Er. Sanam Darnal, a community road safety mobilizer from Safe and Sustainable Travel Nepal,

led discussions and presentations on road safety awareness. Hari Bhandary, Chairman of Clinic Nepal, also shared his insights on road safety and accident prevention.

On November 19, World Remembrance Day of Road Accident Victims, Friendship Scout Troops conduct a candle lighting ceremony in memory of those who have lost their lives in road accidents. This event aims to honor the victims and raise awareness about road safety issues within the community. Scouts and local participate to light candles, symbolizing their remembrance and solidarity with the victims' families.

3. Smart Scout Naman Camp 2.0:

The Smart Scout Naman camp, a two-night, three-day program, was organized by Bharatpur Metropolitan City and operated by Smart Crew. The event took place at the Friendship Scout Troop venue, which generously provided the location for the camp. There were 800 participants from 40 different school and 3 different districts in the program, highlighting the collaborative spirit and enthusiasm of the scouting community. The Friendship Scout Troop's support was instrumental in making this event a success among the participants.

The other activities accomplished by scout this year, were sessions on first aid and disaster management, as well as training on how to measure pulse, heartbeat, and blood pressure with the aim of providing practical learning experiences for its members. In addition to these educational components, the troop organized several fun activities, including a cycling program, a cooking competition, swimming, hiking, and a treasure hunt. These diverse activities not only enhanced the scouts' skills but also encouraged teamwork and fellowship among participants.

The Friendship Scout Troop celebrated its 18th Anniversary on it premises in Wolfgang Linke Kindergarten, Bharatpur-27, Chitwan. At this special event, Scouts enjoy with their troops member by lighting the candle, along with singing and dancing.

14. Income Generating Program

The Chitrawan Hat Bazaar initiated by Clinic Nepal in December 2017 has grown as an important marketplace in Western Chitwan, and it fell on February 3, 2018. This is a bustling market that operates every Saturday from 10 am to 9 pm and is managed under the committee member formation by Bharatpur metropolitan ward no-20.

Details about market place are listed below.

15. Safe Drinking Water and Sanitation Project:

Meghauli Town Water Supply and Sanitation Project (MTWSS)

The Meghauli Town Water Supply and Sanitation Project targets the development of the water supply and sanitation services in Meghauli Village Development Community. MTWSS is a sub-project under Clinic Nepal and managed through a committee by the MTWSS board. Access to clean drinking water and modern sanitation facilities will be increased to improve public health and standards of living in the community effectively. Ever since the commencement of operations, MTWSS has gone the extra mile in improving infrastructure and adopting appropriate hygiene behavior.

4. Beneficiaries:

Currently, the project serves more than 2,351 households out of 2,798 in Meghauli, with a population of approximately 20,000 people.

5. Construction Timeline:

- Start Date: 2013
- Completion Date: 2016: The project was officially handed over to the local Meghauri Water Project Committee in July 2016.

6. Financial Overview

Total Project Cost: \$2.5 million

Community Contribution: Every household paid for tap connections at a cost of \$100, which covered 5% of the total project cost.

7. Solar Panel Installation:

- Installed Date: February 2021
- Capacity: 100kW grid-tied solar panels
- Annual Electricity Generation: Approximately 12,000 units
- Total Cost: NPR 16,322,644.00 (USD 141,936.03)

Donations: NPR 10,940,827.00 equivalent to USD 95,137.63 by German donors at the initiative of founding Chairman Hari Bhandary of Clinic Nepal

Government Contribution: NPR 5,381,817.00 equivalent to USD 46,798.40 by the Government of Nepal through the Town Development Fund

8. Challenges and Solutions:

Issues in Bill Collection: It was not easy for the committee to collect the bill of consumption of water from certain consumers of the Meghauri Water Project. Clinic Nepal is actively involved in monitoring, assisting the committee in finding solutions to these issues, and ensuring the financial sustainability of this project.

9. Environmentally Friendly:

The solar panels signify Clinic Nepal's concern about sustainability and the effects of global warming. This is a type of renewable energy to make sure that the whole project is feasible in the long run and will help in the conservation of the environment.

Clinic Nepal continuously monitors the operation of the project to maximize efficiency and effectiveness toward service delivery within the community.

16. Farm Project

Aashaban Farm in Dharampur, Meghauri, situated next to Wolfgang Linke Kindergarten, continues to be a source of farm products such as rice, lentils and fruits (mangoes, bananas and lychees) and during the COVID, TIK tree was planted in half of the land. The money generated from the sales of these products helps the farm for its long-term sustainability and development. For the past 6 years, Clinic Nepal has supported a family from mountains, who lost their house from an earthquake. They stay at Aashaban Farm. Half of the rice from the farm they use for their family and half is sent to Aasha Ko Kiran Daldale hostel. Furthermore, the fruit from the trees on the land is shared with the Asha Ko Kiran Children's hostel in Daldale, staff, and other kindergartens.

17. Support of Government Schools

- i. Technical College Vocational Training Course and College- Level Faculty of Science Program in Class 11 and 12 of Shree Janaki Secondary School, Meghauri

Shree Janaki Secondary School, Meghauri, Bharatpur, Chitwan, was established on November 25, 1968 AD. It is a government-financed community-based school. It has total 42 Teachers in PG-Grades to 12, with 3 staff members.

Hari Bhandary is a former student and the founder of Clinic Nepal, and since 1992 has been a major benefactor of the school. He has sponsored teacher in-service training, provided many school supplies, and founded Clinic Nepal to provide education, healthcare, and sanitation in Meghauri. This included expansion of facilities at the school to provide professional/vocational training to enhance employable skills with the aim of uplifting the socioeconomic level of local youth.

This was followed by the ONE International Humanitarian Award by Rotary International District 3450 in Hong Kong; Hari used the prize money to finance a new school bus, an additional floor of the school, furniture-desk and table-and improvements at the school's laboratory.

For the last five years, Clinic Nepal has been committed to supporting Shree Janaki Secondary School in Meghauri. Under the guidance of Mr. Durga Parsad Sapkota, the head teacher, it caters to approximately 785 students of whom 402 are male and 383 females, From nursery onward to class 12.

Clinic Nepal got involved with Shree Janaki Secondary School, starting with infrastructure and resource support, which, over these years, grew into major educational improvements.

- ii. Infrastructure and Support

Clinic Nepal funded the construction of the additional floors, which was completed in 2020.

In January 2020, Clinic Nepal provided new furniture for the Class 11 and 12 students, which really upgraded the learning environment. Educational Expansion

Traditionally, Shree Janaki Secondary School provided coursework in the +2 levels of Education and Management. Most recently, it expanded to offer +2 Science; this makes it the only secondary school in western Chitwan to provide students access to this stream. It greatly expands the student options in the region.

- iii. Scholarship Program

On February 11, 2024, Chairman Hari Bhandary of Clinic Nepal handed over a cheque worth NPR 504,000.00 (Five lakh four thousand rupees) to Shree Janaki Secondary School along with Bhartpur Ward No. 27 Chairman Ram Bahadur Bhandary. The amount was utilized to provide scholarship to 28 needy students in the +2 Science and Management programs for the 2023/2024 academic session.

- iv. Student Achievements +2 Science School, 11 and 12 class from age 15 – 18 years:

In the new program introduced, +2 Science, 6 out of 10 students passed with commendable marks and 4 students participated for grade improvement test. This success is indicative of the positive impact of the expanded curriculum and ongoing support.

Clinic Nepal will be committed to paying of NPR 18,000-US\$ 140 each for the students in return for this great opportunity for the people within and in proximity to Megghauli.

Clinic Nepal would like to thank all those individuals and organizations that have contributed toward these activities. The collaboration has indeed been instrumental in boosting educational resources and opportunities at Shree Janaki Secondary School. Therefore, Clinic Nepal will continue to support Shree Janaki Secondary School in every way possible. This organization is committed toward education development and ensures that students are provided with the best learning experience.

v. Support to Rastriya Aadharbhut Vidyalaya Lebar Nagar

Clinic Nepal support the educational initiatives at Rastriya Adharbhut Vidyalaya, a community school located in Laber Nagar. As part of its commitment to enhancing educational opportunities in the region, Clinic Nepal has taken the significant step by supporting one teacher for an entire year. This support is crucial for the school, as it enables them to maintain a qualified teaching staff, which is essential for delivering quality education to the students. By ensuring that a teacher is available for the duration of the year, Clinic Nepal is not only contributing to the immediate educational needs of the community but also fostering a more stable learning environment for the students at Rastriya Aadharbhut Vidyalaya.

18. Internship Program

Nepalese and foreign volunteer doctors and experts have helped to teach medical interns. Interns assisted whenever possible, and were able to learn about medical issues not commonly encountered in their home countries. They have the opportunity to view a different style of healthcare delivered in remote areas and compare it with the system they are more familiar with. Interns are also involved in the kindergarten-- improving their teaching skills by shadowing the child care providers and working with the children. Meeting with the Scouts, the interns not only deliver lessons but also learn about Nepali culture, language, and the work undertaken by the Scouts. Through teaching English and playing new games, interns interacted with children in the community, which benefited both the children and the interns. The interns also learn how to treat basic wounds and provide basic care in the case of medical emergencies. We hope that our work with the two universities will create a culture of sustainability in which community members will be able to train many others! We are developing lifelong friendships by partnering with university students from all over the world. Interns live with local families allowing them to better understand life in Megghauli and providing an opportunity for cultural immersion. Interns are able to build friendships with the local citizens of Megghauli and have a cross-cultural exchange of ideas and practices.

Since our staff are familiar working with foreigners, this year well trained nurse a sponsored students of clinic Nepal applied for the working visa on nurse in Germany took a part of our internship program.

19. Bote Tribal Agricultural Project

Over the last ten years, this agriculture project has developed an effective partnership between Clinic Nepal and its partner, Project Nepal Gibraltar, for the benefit of the Bote Tribe in Andrauli

Meghauli Chitwan. This project has been executed with special emphasis on economic development and improvement in the living standards of the people in this area.

i. Land Distribution and Farming Development:

- Land Distribution: A total of 18 Bote families, out of which 11 have been given land areas ranging between 5 to 10 kattha.
- Crop Production: Some core crops these families have started cultivating include corn, rice, and mustard. The excess yields meet not only their nutritional requirement but also fetch extra bucks by selling the same.
- Self Sufficiency: Cultivating mustard has enabled families to produce edible oil for use in their kitchens. This addition to food production has given further impetus to their food security.

ii. Economic Empowerment and Financial Support:

- Educational Workshops: These monthly meetings at Clinic Nepal and Sanakishan Sasthan provide an overview of sound financial management and offer access to low-interest loans.
- Insurance and Loans: There is life insurance available to support the mothers against contingencies. Fifteen out of the 8 families are receiving low-interest loans via the Sanakishan savings and credit organization; 200 NPR [\$1.82 USD] per month is paid on a regular basis, and on time.

iii. Improvement in Living Conditions:

Improvement in Housing: The families also surged from simple thatched mud huts to bigger and stronger mud houses with metal roofing, and with concrete flooring in some instances. This quite clearly shows a great improvement in their lives.

iv. Improvements in Education:

Increased Enrollment: More children in the village attend school than ever before, with 20 of 31 school-aged children presently attending school.

- Education Achievement: Most of the children previously dropped out of school after class 5. Now, many are completing grade 10 and SEE and some going onto grades eleven and twelve.

The project has been able to bring in revolutionary changes in the lives of the Bote Tribe, covering aspects related to agriculture, financial stability, housing conditions, and education. This empowers families to secure a brighter future for themselves.

20. Monitoring and Evaluation:

Clinic Nepal is committed to maintaining a high standard of services and is always seeking feedback for its improvement. It values the input of different stakeholders and goes through regular evaluations to judge and further help in developing better project portfolios.

Recent Evaluations

10. Chitwan District Administration Office Evaluation

Date: 1st November, 2023

Present officials: Vice CDO Mr. Chirinjibi Sharma and Na.Su. Mr. Bishwo Shrestha to evaluate on-going services and quality check for project renewal process 2080/081.

Date: 4th April 2024

Officials present: Vice CDO Mr. Chirinjibi Sharma and Na.Su. Mr. Gopi Chandra Dawadi, for the project portfolio evaluation in terms of its progress and scope for improvement.

11. Social Welfare Council (SWC) Monitoring and Evaluation

Date: 6th April 2024

Committee member: Representative, SWC to review the running projects with respect to their relevance and efficiency in terms of objectives of social welfare.

12. Clinic Nepal Freiburg Committee Evaluation and project visit.

Date: 30th March 2024

Committee members: Stephanie and Jürgen

For the more detailed feedback and observations from the Freiburg committee, see the article by Stephanie and Jürgen below.

13. Namaste Nepal Scout Active Support Unit, Bristol, UK

Date: 11th October, 2023

We would like to thank you for taking the time to monitor and evaluate our project. We highly appreciate your valuable suggestions and guidance which surely will help us in improving and going further in future.

21. Conclusion

The Clinic Nepal project has been instrumental in bringing about noticeable improvements in health, education, and economic conditions of the people in the selected districts. Its engaging efforts for community-based services involving local communities, students, and underprivileged groups have contributed not only to better health and sanitation but also to socioeconomic development.

The project has already received significant attention and gained popularity, especially in Meghauli and Chitwan districts, with local stakeholders and beneficiaries expressing satisfaction over its output and performance.

Moreover, there is an awareness that not all the projects have moved as speedily or as smoothly, partly because of the ripple effect caused by the COVID-19 pandemic. These have impacted on the pace and implementation of the project. Notwithstanding, the project is suitably placed to expand going forward. The beneficiary numbers in the coming year will go up, and lessons learned through past experiences will inform scaling up program activities.

There are successes and strengths of the project in place that demonstrate effectiveness, and the project is on its way to achieving even greater positives through continued adaptation and flexibility.

22. APPENDICES:

i. National and International Awards and Recognition:

- 1) Clinic Nepal, Meghauli received an award in 2015 for its outstanding contribution to social service from Florida State University and the prize money was used to build a multipurpose building in Chitrawan municipality.
- 2) THE ONE International Humanitarian Award 2016 of the Rotary International District 3450 in Hong Kong was given in recognition of Hari's outstanding humanitarian efforts over 23 years, first through his work with leprosy organizations, the work of Clinic Nepal

in Meghauli, Chitwan, and in other areas. The prize money was used to support a government health post (Bearthing Center in Kaverplanchok- 7 Hoske) and a government school (Shree Janaki Secondary School in Meghauli) to build and run a +2 science and technical school.

- 3) The Nepal Army Commendation (COAS) was given to founder Hari Bhandary on March 7, 2016. Hari was privileged to be decorated with the Chief of Army Staff (COAS) Commendation badge from the Nepal Army, an award for humanitarianism. Hari stated that “I want to share this honor with all of my colleagues and co-workers as we could not have come as far as we have without our joint dedication and hard work – whether it is rebuilding rural communities since the 2015 earthquake or providing healthcare to those in need at Clinic Nepal. Thank you very much too my entire family and friends, and to our donors.”
- 4) The JANASEWA SHREE award was given to Hari on the 4th of September, 2018. He was pleased to receive the JANASEWA SHREE award from the President of Nepal, Ms. Bidya Devi Bhandari. Hari shared that “I am pleased, honored, and humbled to accept an award from the President of Nepal, Bidya Devi Bhandari, and to join 344 other recipients who I have long admired and respected. The award was given in recognition of my work with Clinic Nepal for over 25 years.”
- 5) On 6th August 2021, Hari Bhandary, Founding Chairman attended the Supporters' recognition program organized by the Nepalese Army Wives Association (Nepal Army) at the premises of Army Headquarter, Bhadrakali.

23. Clinic Nepal Celebrating its 25th Anniversary

Clinic Nepal's 25th Anniversary Celebration 2022 and Unveiling of the Names on stone ceremony: On 22nd October 2022, Clinic Nepal celebrated its 25th Anniversary with a get-together for all the staff from clinic Nepal over the last 25years. March 22, 2023 It is an honor to have Dr. Frank Bernhard Zimmermann MD., Mrs. Barbara Julia Brigitte Zimmermann, and the Family from Witten Germany for the Appreciation ceremony of the Dr. Zimmermann family held on 22nd March 2023 at Friendship Clinic Meghauli. The ceremony was also attended by national and international friends, supporters, families, distinguished guests, ward chairmen of Bharatpur 27 & 28, plus special guests from our project activities like health, education, and sanitation. Thanks to all supporters, volunteers, friends, and family of the Clinic going forward with great expectations for the next 25 years.

24. Presentations and Gatherings

22nd December, 2023

Presentation program on Health and Healthy food in Clinic Nepal by Rashmi BajimayaShrestha. More than 15 participants participated at the program presentation.

11th January, 2024

Hari Bhandari successfully conducted a meaningful presentation regarding the program and activities of Clinic Nepal was in Thun, Switzerland. The event attracted a diverse group of participants. Special thanks were extended to Tony Schaller and Brigitte Bruhin for their invaluable contributions, which were pivotal in facilitating this event. Their support helped

create an engaging atmosphere, allowing attendees to gain a deeper understanding of Clinic Nepal's mission and the positive impact it has on local communities.

12th January, 2024

The presentation program and Momo party held on January 12, 2024, in Brienzwiller, Switzerland, was a delightful event that brought together participants enthusiastic about the project activities. The evening was filled with joy as attendees engaged in the process of making Momo, a traditional Nepalese dumpling, fostering a sense of community and collaboration. Special acknowledgments were made to Tony Schaller and Caroline Santschi, whose efforts make this event possible, allowing participants to connect and share their experiences in a warm and welcoming environment. The event not only highlighted the cultural significance of Momo but also strengthened the bonds among those involved in the project.

29th May 2024

Presentation and celebrating the Friendship Clinic 25th anniversary in Henleaze, Bristol UK with Mrs. Beryl Shore, the founder and friends of Clinic.

There was also a nice visit at scout camp at 90th Bristol scout group and 26th (Northcote) scouts Bristol.

Hari Bhandari and Mr. Rob Laurence met with Mr. David Wells, Mr. Colin Shurrock and Ms. Caroline Bowler from Bristol Breakfast Rotary Club.

During his visit in Bristol there was a good conversation about Meghauli future projects and plans.

5th June, 2024

Hari Bhandari meet with Mr. David Car who was previously the Chairman of committee Clinic Nepal-Gibraltar.

15th June, 2024 Saturday

Clinic Nepal presentation, dinner, and social gathering at the home of Dawn Barrs and David Livingston in Marietta, GA. A full Nepalese dinner was enjoyed by the group, followed by a Power Point program showing the most recent accomplishments of the Clinic. This ended with some photos from Philip Batista and Kasey Marmechai, showcasing their recent trip to Nepal (arranged via Hari Trek Pvt. Ltd.). That included pictures from their visit to Kathmandu, a trek to Australian Camp, Chitwan National Park tours and an extended visit to my home village of Meghauli. It was a fun, and successful evening. Thanks to all who came and special thanks for the donations to Clinic Nepal.

17th June, 2024

During a visit to St. Augustine, Florida, Hari Bhandari met Dr. Martha Lee and Bob Lee, who are friends and family of Clinic Nepal

20th June, 2024

Hari Bhandari meet Dr. Laura Helfman, a representative of the American Medical Women's Association (AMWA/AWHS), whom he first met in 2001 at the Nantahala Outdoor Center. Since

then, they have maintained a friendship, and Dr. Helfman has provided financial support and fellowship to the clinic over the years.

21st June, 2024

In 1987 Hari Bhandari first became acquainted with Mr. Payson Kennedy and his Adventure Travel guests when they arrived in Meghauli airport for a visit to the area to watch Elephant Polo. They spent the afternoon organizing food and accommodations, and quickly became friends.

Mr. Kennedy was founder and Chairman of Nantahala Outdoor Center in Bryson City NC.

He wrote the book, "NOC Stories" and I highly recommend it.

This inspiring book can be bought on Amazon.

Name of Book: NOC STORIES

Title of chapter ORIGINALS OF CLINIC NEPAL

26th June, 2024 Wednesday

At the home of Dr. Molly Eaton in Denver, Colorado, a dinner and social gathering took place, featuring a Clinic Nepal presentation by Hari Bhandari. Attendees enjoyed a full Nepalese dinner, which set the stage for an engaging PowerPoint program that highlighted the clinic's most recent accomplishments. The presentation included captivating photos from Philip Batista and Kasey Marmechai, showcasing their recent trip to Nepal, organized through Hari Trek Pvt. Ltd. Their journey featured visits to Kathmandu, a trek to Australian Camp, tours of Chitwan National Park, and an extended stay in the village of Meghauli. The event was not only enjoyable but also successful in raising awareness and funds for Clinic Nepal.

2nd July 2024

Hari Bhandari met with Terry and Mary Mc Guinness in Washington, DC. An Old friend who has given support, guidance and friendship to Clinic over this time.

9th July, 2024

Hari Bhandari met Eliza Lo Chin, MD, MPH executive director of American Medical Woman's Association at California, USA. More than 20 years AMWA is continuously supporting Clinic Nepal.

It was so wonderful to have a personal visit.

25. An Article from Friends of Clinic Nepal

Impressing visit to Meghauli!! We are Stefanie and Jürgen Katzer from the South Rhine-Ruhr-area.

At the latest since the serious earthquake, we are strongly concerned about Nepal. Our engagement started with a small help organization in Dresden 10 years ago, about 4 years later we changed to Hari Bhandari and to Clinic Nepal e.V. in Freiburg. We met Hari for the first time at Herdecke where we followed an invitation of the association there. Since then, we made friends with Hari and see each other regularly in Volmarstein, in Hagen, in Freiburg or in Nepal.

Our first visit to Nepal was very impressing, the second one – just now in March/April 2024 – Even much more exciting and intensive. As already the first time we did not only want to combine our trip with the visit of the projects but with recreation as well within this lovely and unique world of mountain giants and with trips to the interesting cultural heritage. Thus, we

spent in all 7 nights in Kathmandu, 6 nights in Pokhara and 4 nights in Meghauli. Meghauli is situated at the border of the fascinating Chitwan National Park, where tigers have been seen! Hari grew up in Meghauli, a great part of his family still lives here and Hari's engagement, he got important honours for, is concentrated on this region.

First of all, we visited the Policlinic which is directed by Suman Poudel who we already knew. It is in a very good condition, the rooms are bright and absolutely clean, equipped with everything need for first aid or help. As it was Saturday many people of the region had come, they pay concerning to their income. After we became acquainted with the stuff and some doctors Hari showed us around and we sat in the wonderful shadowy garden, where we had a rest and a tasty little lunch.

In the afternoon we visited the impressive drinking water project, which is run by a huge solar system. Accidentally a 4 head Nepali delegation came to inform themselves about this important project because they intend to write a report about it.

The other day we visited the Wolfgang-Linke-Kindergarten where we were welcomed with warm cordiality and a lot of excitement. What a pleasure to be with the children! Playing, music, singing, dancing is international and work without a common language! For 2 hours we could experience the warmhearted and precious care for the children. Unforgettable moments for us as teachers and educationalists!

Hari showed us as well the enduring plantation project of teak trees just behind the kindergarten. He is a pioneer who already thinks about tomorrow! Afterwards we went to the school. About 40 children, the whole teaching staff, come together for a meeting with us. Attentively the listened to what we reported from distant Germany. We presented our school system, discussed the different types of schools and informed about working conditions of teachers. Sometimes it was too difficult in English, then Hari helped with a Nepali translation. After a lunch in the clinic, we came back and were invited to celebrate the exam with the elder pupils. We were so pleased to listen to their speeches in front of their teachers and parents and see them dancing on stage: traditional dances as well as modern ones. Stefanie (dancer and dance teacher) was asked to perform two little improvisations in Western Contemporary Dance and Classical Ballet 2 / 2 Style. What a spectacle! Afterwards we took the opportunity to thank everybody to be part of this great day! On the last day Hari organized an eventful Jeep-Safari through Chitwan. Unforgettable although the tiger was sleeping, we had so much contact to Hari's family and the friendly people of Meghauli, with friends and the numerous assistants of this mega-project. Hari has achieved such a big work with his Life-lasting effort. We are very pleased that we could visit this work and are happy to continue being part of this program. With Hari we found a friend who very unselfishly dedicates his life to so many people of his home.

Dear Hari, we thank you so much for 2.5 weeks in Nepal, which we had not lived to see that intensively without you!

26. Clinic Nepal's Achievements: A Detailed List of Completed Key Projects

These milestones summarize Clinic Nepal's achievements over 27 years in improving healthcare and community well-being through effective project implementation and sustainability measures.

i. 1st Water and sanitation projects

Clinic Nepal has initiated and completed very effective water/sanitation projects coordinating with Water Aid and NEWHA in order to provide safe drinking water and sanitation. These included the latrine project, building and handing over 483 water pumps to the community and more than 2700 latrines to the each of the households in Meghauli VDC.

In 1997, the Clinic in Meghauli identified that almost half of the health issues among the patients were related to poor sanitation and water-borne diseases. About 90% people in the surrounding area used open places around them for defecation, and some even preferred riverbanks and fields for this purpose. Most of them had a bit of reluctance to abandon that practice despite education from clinic staff. The situation was really severe during the monsoon period when water levels rise, forcing contaminated water into local wells, and open wells. At the time of the establishment of the clinic, Meghauli Village had 2,865 households, out of which only 213 had latrines. Because of this, the clinic outreach visited the people in their homes or in groups and taught hygiene to the community, promoting proper latrine construction and use. In 2002, a Safe Water and Sanitation Project began where water pumps were put in that pumped safe water from a depth of 30-35 feet. And in the same year, the installations of latrines were started, 2,652 latrines have been built and each house in the village has a latrine. The introduction of this project has brought about a sharp decrease in water-borne diseases and Meghauli was identified as the only village development community to achieve full sanitation in Nepal.

ii. Community Building / Tiger Youth Club

The Community Building was founded in 2014 by the Clinic Nepal. Clinic Nepal helped the Tiger Youth Club in Meghauli fund the construction of a multi-use community building that includes space for 4 shops and an office for the Youth Club. This past year, Clinic Nepal further assisted the Club by providing funds to organize the blood donation campaign and other social environment activities. Now the project runs sustainably and maintenance costs are covered by income from renting out space. Through its continued support of the Tiger Youth Club, Clinic Nepal aims to promote responsibility, leadership, and ownership among the community's youth.

iii. Collection Centre for Local Agricultural Products (Marketplace)

The Chitrawan Haat Bazaar was initiated by Clinic Nepal in December 2017 and completed on February 3, 2018. It has grown into an important marketplace in Western Chitwan. This is a bustling market that operates every Saturday from 10 am to 9 pm and is managed under the committee member formation by Bharatpur metropolitan ward No. 20.

It sells everything from clothes to beauty products, as well as food products such as fresh produce, fish and various game meats. It also serves as the center for cultural programs and dances. The rental fee is 100 NPR per day for the vendors inside the building and 50 NPR (approximately 46 cents USD) per day for the ones on the outer circle.

It started off very small in 2017, but the Chitrawan Haat Bazaar has now grown to be a thriving and important marketplace to the local economy and community. Besides serving as a marketplace platform for farmers, artisans, and vendors, its added functions also make it serve as a collection center, emergency shelter, and community event space, which is very vital in Western Chitwan. We leave it in continuation with the belief that this great legacy of Haat Bazaar will continue to flourish under its new management for many years in the future, offering economic opportunities while enriching culture and community spirit.

iv. Thumka Awas Nirman Aayojana (Thumka House Development Project)

The April 25 and May 12, 2015 earthquakes caused extensive destruction in Nepal, leaving many people homeless and villages in ruins. In response, Clinic Nepal launched the Thumka Awas Nirman Aayojana project in Gorkha to address the devastation as every house in that area was completely destroyed.

Clinic Nepal successfully rebuilt 31 houses and 1 community building.

To celebrate the project's completion and to unite various Nepalese groups, Clinic Nepal organized a house hand-over ceremony where chief guest of ceremony handed over the houses to the people of Thumka. The project significantly improved the living standards for 280 residents of the village, surpassing its initial goals. The villagers' increased pride and motivation to enhance their lives highlighted the project's profound impact.

The Thumka Awas Nirman Aayojana project has successfully met and exceeded its objectives. The collaborative effort between Clinic Nepal, international donors, and the local community has significantly contributed to the recovery and enhancement of Thumka Village. Life of Thumka village has improved due to this project.

v. Covid-19 Public Awareness, Food Relief and Medical Supplies Program.

COVID-19 Awareness and Prevention: So far, Clinic Nepal has provided COVID-19 awareness to youth, students, adolescents, migrant workers, and the general public for lessening the transmission rate of the virus in order to keep themselves physically and mentally fit. In response to the health crisis brought in by the second variant of COVID-19.

Current Scenario: While COVID-19 cases have gone down, so has the adjustment of the lockdown; so too has Clinic Nepal moved with the times in order to bring relief within the community through proactive means.

We would like to thank all the clinic Nepal sister organizations, individual donors, friends, and local government bodies - Metropolitan City, District Administration Office, and District Health Office Chitwan. Special thanks to Nepal Army / Police for their support.

vi. Extension and Renovations of Clinic:

Clinic Nepal in Meghauli, Chitwan, is excited to unveil its recent expansion and renovations. The expansion features a dedicated physiotherapy room, emergency exit and a lab.

Renovations to the ceiling and the installation of mosaic tiles and a decorative jubilee stone pillar in the front yard further enhance the facility's welcoming atmosphere.

vii. Sasinagar Primary Health Service Center

Clinic Nepal has initiated a Primary Health Care Center dedicated to women and children, which includes the appointment of a health assistant to work six days a week for four years. The project is set to be handled by the local government, which continue its implementation through the Sasinagar Primary Health Service Center located in Bharatpur-18.

viii. The Birthing Centre

1. On 17th March 2021, Birthing Centre named “Kopila” inaugurated and handover by incumbent Chief of the Army Staff Mrs. Deepa Thapa. Over the year, the Birthing Centre by NAWA brought hope to the people of Kailash Rural Municipality-8, Bharta of Makawanpur. Clinic Nepal is honored to be a part of this project together with the Nepal Army Wives Association (NAWA).

It was handover to local government, now it itself run the birthing center.

2. The Hoske Birthing Centre in Kaverplanchok, the needs of the local people in the Kaverplanchok were previously met by a health center that was severely damaged by the devastating earthquake in 2015. The Hoske Birthing Centre and Clinic provide basic maternity and general health services, leading to a reduction in the mortality rates of mothers and babies. They also provide better and safer health services to all local people, and a better and more sanitary work place for Government health workers. The cost of the project was funded by the prize money from THE ONE International Humanitarian Award 2016 of the Rotary International District 3450 in Hong Kong, given to Hari Bhandary, Founder and Director of Clinic Nepal.

It was already hand over to local government, now it itself run the birthing center.

ix. School Building support

In 2003, the school building extension at Sajapur School was officially handed over. This project aimed to enhance educational facilities and improve the learning environment for students in the area.

27. Clinic Nepal extends its warmest gratitude to:

1. **All of our dedicated staff and compassionate volunteers**, as well as the local community and those who have traveled from overseas to support us. Your unwavering commitment and hard work have made a significant impact.
2. **The kind doctors and experts** who generously provided their invaluable health services and care. Your expertise and dedication have been instrumental in enhancing the well-being of those we serve.

28. Members of Clinic Staff

❖ Friendship Clinic Nepal

- 1) Suman Poudel – Clinic Manager
- 2) Sanjay Ghimire – Assistant Manager
- 3) Tulsi Thapa Magar – A.N.M. (Nurse)
- 4) Saraswati Mahato – A.N.M. (Nurse)
- 5) Sudeep/ Chandra Mani Aryal – Laboratory Technician
- 6) Nitisha Bhandari – Assistant on Account
- 7) Sabita Subedi – General duties
- 8) Bal Bahadur Mahato – Night Guard

❖ Friendship Scout Troop

- 9) Utsav Shrestha – Scout leader
- 10) Abishek KC – Scout leader

❖ Aasha ko Kiran Kindergarten

- 11) Bishnu Sapkota – Child care provider
- 12) Bhagwat Bhandari – Child care provider
- 13) Gita Raut – Child care provider
- 14) Sita Gautam – Child care provider
- 15) Bishnu Kumari Ghimire – Child care provider
- 16) Asha Shrestha – Child care provider
- 17) Suraj Chhetri – School Van driver
- 18) Rabina Ghimire (Hostel)
- 19) Tiki Sara Rana Magar (Hostel)
- 20) Goma Chhetri (Hostel)

❖ Wolfgang Linke Kindergarten

- 21) Hari Kala Pokharel – Child care provider
- 22) Hira Ranabhat Chhetri – Child care provider
- 23) Sabita Mahato – Child care provider
- 24) Sun Maya Mahato Chaudhari – Child care provider

❖ Part Time Technical Staff/ Doctors

- 25) Dr. Umesh Thapa
- 26) Dr. Suresh Pradhan
- 27) Dr. Ramesh Siangtan
- 28) Dr. Puspa Raj Bhushal
- 29) Dr. Amit Jha
- 30) Dr. Payal mandal
- 31) Physiatrist Dr. Khagendra Kafle
- 32) Dr. Manish Thapa
- 33) Dr. Kamlesh Kumar Sha
- 34) Dental hygienist, Raja Ram Joshi
- 35) Opth. Maya Kandel

29. Our Sister Supporting Organizations:

-  Partners in Practice (PiP), Denmark
-  Förderkreis “Friendship Clinic Nepal” e.V. Germany
-  Klinik Nepal e. V. Hagen, Germany
-  Committed Supporters for Development e.V. Germany
-  G.B.C., Gibraltar
-  Clinic Nepal Charity, Gibraltar
-  Integral Yoga Centre, Gibraltar

- ✚ Fundación Privada Vida Util, Barcelona, Spain
- ✚ Service in Satchidananda (SIS)
- ✚ GB Group, Chester, UK
- ✚ Namaste Nepal Scout Active Support Unit, Bristol, UK
- ✚ Friendship Clinic Nepal, Bristol, UK
- ✚ Florida State University, Diehl Family Social Enterprise Competition, USA
- ✚ Global peace exchange, (GPE) FSU/ BSC, USA
- ✚ American Medical Women's Association, USA
- ✚ Clinic Nepal Inc. GA. USA
- ✚ Stiftung Namaste Christa Schwens Germany
- ✚ Rotary District 3450, Hong-Kong The One International Humanitarian Award– 2016
- ✚ Vijit Dhammanuvati (Vong) Bhikku, Rong Province of Thailand
- ✚ Nepal Kinderhilfe e.V, Germany
- ✚ All generous donors, individual sponsors, and kind supporters

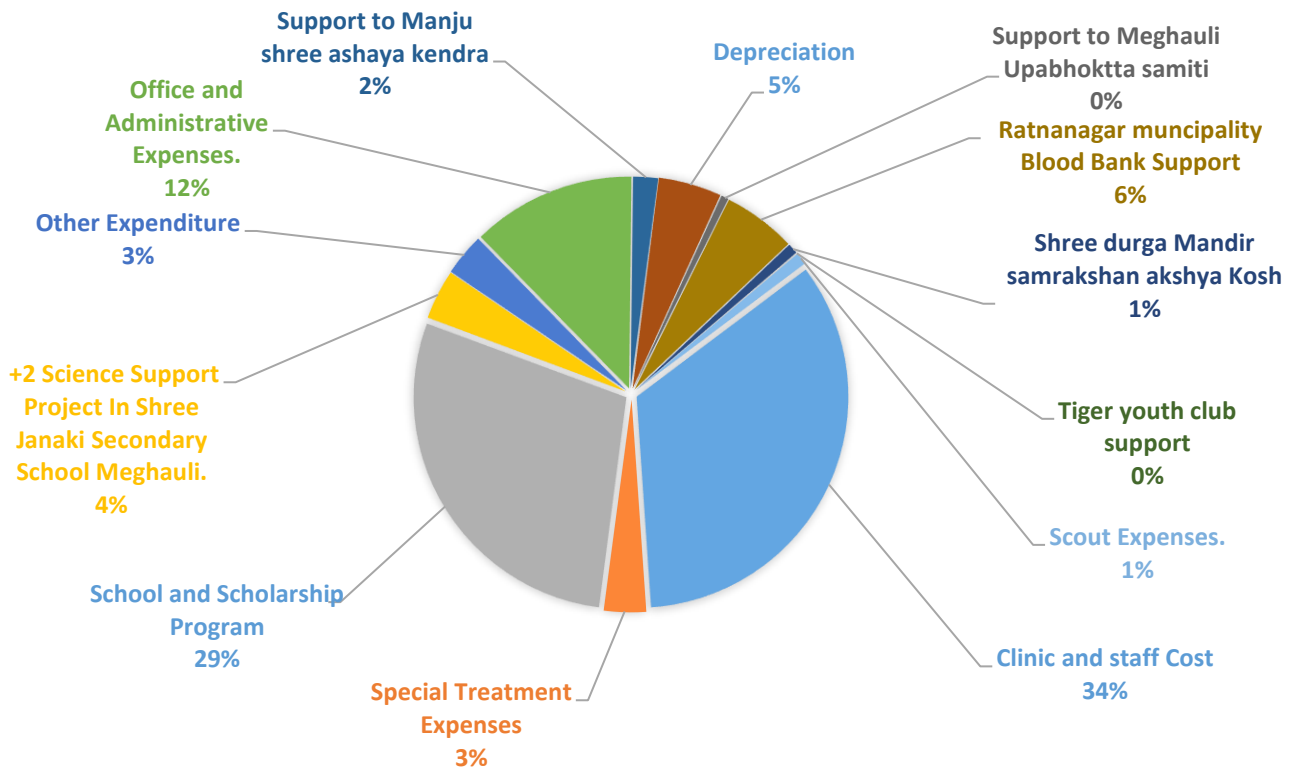
30. Sister Charities

Clinic Nepal has registered sister charities supporting its work in the following countries.



31. Clinic Nepal Expenditures- Project activities wise:

CLINIC NEPALEXPENDITURE FROM 17TH JULY 2023 TO 16TH JULY 2024



32. Links

www.clinicnepal.com

www.clinicnepal.de

<https://www.facebook.com/Clinic-Nepal/466717603339757?ref=hl>

<https://www.facebook.com/Friendshipclinicnepal>

<https://www.facebook.com/fundacionvidautil/>

Hari Bhandary
Founder and Chairman
Clinic Nepal
Bharatpur – 27 Meghauli, Chitwan
19th September 2023.